

# **Garth A. Cooley**

Grand Master Instructor/Owner  
Korea Taekwondo Academy, Inc. (KTA)  
9340 Castlegate Drive Indianapolis, IN 46256  
317-841-8000

## **Education, Recognition & Certifications**

Certified Kukkiwon Instructor & Letter of Commendation (2009)  
"Taekwondo Master of the Year" by *Taekwondo Times* Magazine (2008)  
International Referee – Certified by World Taekwondo Federation (2002)  
United States Taekwondo Union President's Award (2001 & 2002)  
University of Indianapolis - Bachelor of Science in Business Administration (1989)  
Practicing Taekwondo since 1981

## **Rank & Leadership Roles**

Grand Master Instructor - Korea Taekwondo Academy under Grandmaster Chul Koo Yoon  
Owning/Operating Do-Jang full-time since 1996  
8th Dan Black Belt – Certified by Kukkiwon (June 1, 2019)  
President – Indiana State Taekwondo Association of U.S.T.U (2000 – 03)  
Founder & Director *Indy Cup Taekwondo Championships* (1996 - 2014)  
Founder & Director *U.S. Poomsae Champions Cup* (2011 – present)  
United States Olympic Committee "Male Athlete of the Year" (1993)  
Athletes Advisory Chairman of Indiana State Taekwondo Association (1989 – 99)  
United States National Team Captain (1989, 1993, 2012 - 13)

## **Major Competition Records**

U.S. National Poomsae Team Member (2006, 2008 – 15, 2018)  
Finalist (Top 8) - World Poomsae Championships – Individual/Pair/Team (2008 – 11, 2013 – 14)  
Pan American Poomsae Silver Medalist (2015, 2018)  
United States National Poomsae Champion (2006, 2010, 2012 – 15)  
  
U.S. National Kyoroogi Team Member (1989, 93, 94, 95)  
9<sup>th</sup> Pan American Championships Bronze Medalist (1994)  
Goodwill Games Bronze Medalist (1994)  
IOC Centennial Seoul International Championships Bronze Medalist (1994)  
3<sup>rd</sup> World Games Bronze Medalist (1989)  
United States Olympic Festival Champion (1990, 91)  
United States National Champion (1989, 93)

## **Goals**

To activate the full potential in my students so they may embrace challenges in life more successfully which will enable them to meet and exceed their goals

To promote and support Taekwondo as it continues to grow and develop as an Olympic sport

To promote and support Taekwondo as a premiere martial art that continues to evolve and be known as one of the best forms of mental and physical conditioning